

Syllabus

Drama for Communication– 3 ECTS

PROFESSOR: Carla Vilallonga

1. COURSE CONTENT/GOALS:

Introduction to acting. We will work on relaxation, concentration, body language, voice, emotional state, sensory memory, improvisation and acting a text. There will be collective exercises based on body language and voice in order to make the level of relaxation and concentration increase, as well as the ability of the student to risk and get to know themselves better. From there we usually do a collective improvisation, a creativity exercise, scene creation, working with voice and objects, etc. We take advantage of your disinhibition to create more concrete proposals that enable you to maintain your concentration and use your imagination.

The second part of the class is much more technical, where you show your homework, improvisations or scenes. In this case the teacher's corrections are much more concrete and individual.

2. THIS MODULE INCLUDES:

Date	Content
1	Presentation. Course goals and methodology.
2	Relaxation when moving. Active relaxation for both mind and body.
3	Concentration: reflection and impulses & imagination.
4	Body expression: learning to use your body with and without objects.
5	Body expression: the actor's presence. Precise movements.
6	Voice: breathing, projecting, intonation, modulation, volume, diction.
7	Emotional state: controlling feelings, canalisation, externalising.
8	Sensory memory: private moment, how to create feelings.
9	Collective improvisations to enhance creativity. The eight rules for classical improvisations.
10	Internal monologue as the base for transition.
11	Analogies: approaching a character through improvisation.
12	Working on a character both psychically and physically. Text.
13	Open class (with audience if students are prepared).

3. CORE LITERATURE:

Suggested complementary literature:

